

QC

**SPACES:**

Family establishes  
permaculture garden  
in Cathedral area. **P.11**

**FOOD:**

Grilled cheese  
croutons a topper for  
tomato soup. **P.14**

**GARDENING:**

The lowly onion  
can be extremely  
ornamental. **P.16**

# SUBTRACTING THE DIVIDE

FROM ANCHOR TO AUTHOR,  
CAROL DANIELS' FIGHT  
TO RECLAIM HER HERITAGE  
P.4



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# READ MY BOOK

**LOCAL AUTHORS:** Writers tell us what makes their book worth reading

#MICHAEL BRADFORD

## Button Hill a young reader's tale

When I was a boy, drifting vegetables from the basement of my grandmother's farmhouse filled me with dread.

Time and again, my younger brother and I actually had to avoid climbing down the rickety wooden stairs to the root cellar. It was dark, damp, and it smelled of rotting carrots. Despite, though the cold wind blew, I felt like I was being watched. I was terrified that instead of grabbing a potato, the skeletal hand of something horrible would grab me instead, and pull me



Michael Bradford

under. So naturally, when I wrote my first book for young readers, I set it in a creepy house near. That is where the action begins in *Button Hill*.

Trapped in a fictional Prairie town for the summer with their baring Great Aunt Penrose, a boy named Dekker takes his little sister Riley to the woods for a root cellar as part of a game. But when he tries to let her out, Riley has vanished.

To rescue his sister, Dekker must enter *Nightshade*, the realm of the

dead where nightmares come to life, and strike a deal with the mysterious Celia to get her back. Dekker leaves a hard truth: deals with the dead are never fair, and he must make sacrifices if he is ever to rescue his sister. *Button Hill* tells the tale of the boy's suspenseful adventure in the realm below.

For several years, I have been an elementary school library teacher in Saskatoon's public school system. I wrote this book for middle-grade and young adult readers looking for something a little spooky and different — think skeleton condatrons, ghost trains and an unpredictable city of the dead called Understory. If your tween is down to things that

go bump in the night, they might like to pay a visit to *Button Hill*. But if reading is at bedtime, it is a good idea to leave the light on.

Released by Orca Book Publishers in April 2005, *Button Hill* is available at McNally Robinson in Saskatoon, and via Indigo, Chapters, Cokes and Amazon throughout Canada. The author is available for in-school book talks, author readings and will e-mail workshops. Please use [www.michaelbradford.ca](http://www.michaelbradford.ca) for more information.



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# INDEX

## # ON THE COVER P. 4



Carol Daniels' first novel, *Beastkin Diary*, is scheduled for release next month. QC PHOTO BY BRYAN SCHLOSSER

## # TABLE OF CONTENTS

### READ MY BOOK — 2

Michael Bradford's *Button Hill* is something different for postcarders.

### COVER — 4

Former journalist Carol Daniels, a victim of the 1940s scoop, became her childhood, discovered her heritage and is now a writer, storyteller and performer.

### CROSSWORD AND SUDOKU — 9

### IN THE CITY — 10

A moment in time: Photographer Michael Reil's shot that defines Saskatoon.

### SPACES — 11

A Cathedral area permeable garden becomes a haven for vegetables.

### ON THE SCENE — 12

Dinnering night at the Globe Theatre's production of *Al Shook Up*.

### FOOD — 14

The best partner for cherry toast, a tomato soup says food writer Rennie Kuhlman.

### GARDENING — 16

The green Allium have proven handy on the Canadian Prairies.

### EVENTS — 18

### OUTSIDE THE LINES — 22

Each week Stephanie McHugh creates a timely Australian meant to please children of all ages.

### WINE — 23

Vineyard cold soaks a white for a day resulting in a hugely complex wine.

## # SPACES P. 11



Shawn Fulton started a garden in his Brampton home four years ago and discovered permaculture. QC PHOTO BY TONY FURZEE

### QC COVER PHOTO BY BRYAN SCHLOSSER

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# ON THE COVER

The racism that I have encountered is something that I see even today. —Carol Daniels

## # FIRST NATIONS

# Daniels' new book inspired by 1960s Scoop

By Ashley Martin

When Carol Daniels was four years old, or maybe five, she tried to scrub the brown off of her skin. She weaved until she bled but the brown remained.

She'd been adopted as a baby by a white family. She was the only First Nations person she knew, growing up in a farming town southeast of Regina. As long as she can remember, it was ingrained that brown was bad. She learned it through every mention of "dirty brown Indians." She understood it each of the hundreds of times her classmates tried to beat her up because she was different.

Eight hundred kilometres north, in Sandy Bay, there was a family who looked like Daniels. She would have been among them, if not for the fact that her mother, Maggie Moran, had given birth in Regina in 1960.

She'd had the misfortune of going into early labour, so the girls. The circumstances are unclear — Maggie died when Carol was 12, but by a logging truck on a treacherous northern Saskatchewan road.

An unwell Aboriginal woman giving birth in the city she was doomed to leave the hospital without her daughter.

And so the Moran baby was placed with a white family. More than 30,000 First Nations babies like her made up a stolen generation as part of the 1960s Scoop.

"I was just a number. There were thousands of little brown kids like me, we were stray dogs or something," said Daniels. "They took us all away but they didn't have anything to do with all they didn't know where to put us."

The experience inspired Daniels' first novel, *Branches* (May), which is set for release next month. It is not entirely autobiographical, but it reflects her own experience.

She opted not to write a novel as fiction because Daniels had her fill of that fiction in three decades work-



Carol Daniels sits before (left) her mother Maggie Moran when she was born. (CP PHOTO BY KEVIN SCHLODGER)

ing, as a journalist. In Calgary in 1983, with the launch of CBC *Newsworld*, she became the first First Nations person to anchor a national TV broadcast in Canada. When she cut her teeth as Regina newsreader, she was a rarity as two counts. Women in radio were

few and far between, Aboriginal people were even fewer.

"The reason that I am encountered as something that I am even today," said Daniels. "These are situations and problems that need to be addressed in society in general. So with the novel I'm bringing it up" (2)

it's not polite I don't own "

\*\*\*\*\*

There's a black and white photo dated Christmas 1960. Six months old, Carol is in the centre of the sofa with two white children, on either side of her.

"It's a household photo. It's like, one of those things, a not like the other," she remarked.

The father of the household was a "hero" to his adopted daughter: "the one who'd always see me," but working long hours, he wasn't all ways around.

(Allen Sapp) was so happy to see me, he started speaking Cree immediately. I didn't understand a word he said — Daniels

When Daniels' classmates initiated "humorous bullying and name-calling and beatings," her siblings didn't intervene to help, she said.

"I was the only brown kid around, so it was terrible," said Daniels.

She was victimized for being aboriginal, but was a "white girl" on the inside.

An interview with artist Allen Sapp changed that.

Daniels was 10 when she visited Sapp's North Battleford gallery and Red Phoenix home for a CBC Saskatoon documentary. She wasn't what he expected, she said.

"When I showed up, here's this little brown face," said Daniels, herself a visual artist. "He was so happy to see me, he started speaking Cree immediately. I didn't understand a word he said."

He realized she was one of the Sapp children, and spent the rest of their time together educating her about First Nations culture. "Here this is for you, Carol, you need to know that this is who we really are," he told her. "You need to learn." And that's all he said, and it changed everything from then.

Daniels started going out of her way to meet First Nations people. Calgary financial columnist Richard Wagamese introduced her to an elder. She discovered drumming through a weekend assignment in Iliff, where Sir Kinane Wilson Hagers' dad encouraged her to try it.

Her first powwow at Twin Ties near Bragg Creek was a daunting and scary prospect because "she thought of being in a place where there were thousands of other brown faces, it was like, Oh, they're awful people, that's what I'd been told."

But when she got there, "I just started crying because it was so beautiful, and it's like, why have I not been doing this all of my life?" she said, shaking away the tears of the memory.

Daniels' ultimate historical reconciliation came upon meeting her biological family in 1994 after the provincial government had opened

the adoption records. She had requested a meeting if her family was looking for her; they had done the same.

She had the same hesitation about meeting her family as she'd had before the powwow. "I do remember being worried that they'd be horrible people, because that's what I'd been told about First Nations people in general."

"We are mean and we are so terrified."

Her worry was unfounded. Daniels doesn't entertain the fantasy of what might have been if she'd been born in Sandy Bay. "I would have grown up with my family. I can't really think about that because it kind of breaks my heart. If you met my family you would know why."

After meeting them, she changed her last name to Martin. As she more strongly grasped her heritage, there grew a rift in her relationship with her adoptive family.

"It was weird; it was like the closer I came to my own culture, the further I went away from them."

She cut ties with her adoptive family in 2002, after she and husband Lyle Daniels were married by an elder in a traditional ceremony at The Arson in Regina. No one from her adoptive family attended.

♦ ♦ ♦ ♦

As a five-year-old, Daniels discovered storytelling.

She and her dog wandered and probed their way through wagon grass fields on a play date, mimicking the black people she saw in her dad's National Geographic magazines. Those pictures were her first clue of other nonwhite people in the world. She would tell her family the stories of their adventures.

At 15, she wanted to be a writer. When she expressed her wish, adults scoffed and told her she would shelve "Not wanting to pursue the traditional careers of 1950s woman (teaching, nursing), Daniels decided to become a journalist — a field replete with "middle-aged white men."

Continued on Page 6



After being united by a white family Carol Daniels started learning about her aboriginal heritage when she was in her 20s. (6 Photos by Brian VanLoon)

## How can you not love meeting people who are amazing and proud of where they're from, wherever that may be? — Daniels

In Grade 11 she "appeared" as a volunteer at CKRM radio working with recluses, wanderers and second players and spinning tape with a mixer. She wrote reports and practiced voice work.

After Grade 12, when she served as editor of her high school newspaper, she spent two years at SAIT in Calgary for the cinema/television/radio course.

Post school and back in Regina, she worked as a producer at CKRM radio. By 18, she was a weekend anchor at CKTV.

In 1998, when CBC Newsworld launched, Daniels spent a year hosting *This Country*; she was the first aboriginal woman to anchor a national broadcast in Canada.

Journalism took her across the country and to Yellowknife, N.W.T., where she lived for eight years before homelessness drove her back to Saskatchewan with her three children — Jackson, now almost 16, and twins Danny and Nahana, now 14.

Daniels loved watching people create — a football coach inspiring strength in his students, an old woman teaching children to make jam, interviewing "people who build" — was her favourite part of reporting.

"How can you not love meeting people who are amazing and proud of where they're from, wherever that may be?"

After embracing her heritage, Daniels tried to cover stories that reflected First Nations culture and people as beautiful, strong and knowledgeable — "the way we are."

In her estimation media are not doing well at reporting on aboriginal issues.

"They don't know a damn thing about us," she said.

That's in part due to the lack of First Nations people working in newsrooms as editors and decision makers. The Regina Leader-Post and Saskatchewan Star/Planet each have one First Nations journalist. At all of TV stations, there are a handful of aboriginal reporters.

You can't put perspective into stories said Daniels, "if you have no idea what's going on or what has gone on."

In 2003, 35.6 per cent of Saskatchewan people were aboriginal. That



Gaeli Gewirtz with her children (from left) Jackson, Nahana and Danny and husband Lyle.

is projected to at least double in the next 30 years.

Given the demographics, newsrooms "should be representative of the population," said Daniels. "That's just good business for God's sake."

"Hopefully that something that'll be changed before I'm 60."

\*\*\*\*\*

Daniels experienced "a lot of rat

ion crap" as an aboriginal woman starting in journalism in the 1990s.

"Who gives a s--- what some old Indian thinks, anyway?" she once heard in a victory meeting. "I have been told, 'You'll never get a job because nobody wants to work on Indian on TV' and, 'You'll never be one of us, it doesn't matter if you're working here. I've heard it all,' said Daniels, who was honoured for her work in the media in 2008.

With a National Aboriginal Achievement Award (now called the Indigenous Award).

"It wasn't easy at all but you have to be determined. If something is hard, then it's hard, but you do it anyway."

And if someone doesn't like it?

"If you're not going to like me because my skin is brown, then you're the one who's losing out."

Daniels today works as a travel

artist and as a performer (drumming and singing at Cree). (She also acts — she has appeared in a variety of TV shows and films, including *The Edge* with Anthony Hopkins — and her play *Words of Love* premiered at the Regina Fringe Festival this summer).

In certain situations, "I'll walk and I'll intentionally identify racism. It's like an energy you can feel."

But that doesn't last long.

It's so precious now to be able to say OK, I'm allowed to dance at a powwow and I'm learning to speak my language  
— Daniels



Carol Daniels won a National Aboriginal Achievement Award in 2009 for her work in the media. QC PHOTO BY ERIN SCAGLIERE

"I start doing my thing and we come together in song and in joy," said Daniels. "By the time I come there, we're neighbours and friends and that's the way we need to regard each other."

She says her children did not experience racism as she did growing up — in part because they had a strong mother, but also because they spent their formative years in Vancouver, in a province where more than half the population is aboriginal.

"The premier was Dene, the woman on television was their mom, the deputy premier was a Cree." It was encouraging. In Saskatchewan, five of 58 members of the Legislative Assembly are aboriginal. In 2011, Daniels ran previously for the NDP in the Mooseman riding, through which she met her husband, Lyle, who works for the Saskatchewan Housing/Traffic Council.

She wasn't elected — it was a long shot in a riding the NDP has never won — but she succeeded in her goal of encouraging First Nations people to vote. She won a couple of polls among the area natives.

"We can make a huge difference," and she hopes that's the case in the federal election Oct. 26.

"The thing is, if we vote out those people who hate us, then we won't have to pick up protest signs after the fact. But get them out of there and have somebody who's committed to saying, 'All right, we do need to move forward. We do need real change.'"

A lot of that needs to happen, in on an individual basis, said Daniels, by each person embracing their culture.

For young kids like her, who grew up being ashamed of who they are, if you really get to know our traditions and our people and our languages, it's going to allow you to grow in a really beautiful way and in some way undo the things that have been done.

"It's so precious now to be able to say OK, I'm allowed to dance at a powwow and I'm learning to speak my language," added Daniels, who is working to be Sisseton Cree by 2021.

"For me, I want my kids to not forget. My grandkids are going to be Sisseton."

But it's not enough for First Nations people to engage in their cultural traditions. Daniels says or anybody should experience First Nations traditions, culture and language, to foster understanding.

"I want people to come home and hear who we are and that way get stronger and start building our own families and communities and extending this friendship."

We all want the same thing for our kids. We want strong communities that provide opportunities, we want healthy kids, we want basic education. We're friends and neighbours. We have to start looking at each other that way. Maybe that's one simplistic aim to start, but it's a good one.

carol@houstonpress.com  
Twitter.com/CarolDaniels

# Regina Senior Citizens Centre Senior Week

*Members and Non-members same price all week. Come one come all.*

**All Seniors WELCOME**



## September 29th

Free come and go Bingo.. Limited four cards per person

Bingo Time: 10:00 to 2:00

Lunch: Price \$3.00 Sandwiches and Soup with Coffee

Prizes thought out the day.

## September 30th

Mini Polka Fest: Price is \$10.00 all day.

Time: 10:00 to 2:00

Lunch: 11:30 to 12:30 Chill on a bun with coffee.

## October 1st

Pancake Breakfast

Price: \$2.00 for all seniors

Time: 8:30 to 10:30

Pancake Breakfast with live entertainment,

Clowning Demo during breakfast.

Bake sale from 11:00-12:30

## October 2nd

Open House, free hotdogs served at lunch: 11:30-12:30

Strawberry social during dance break Price \$2.00

*Please purchase ticket at the  
front office ahead a time.*

**Regina Senior Citizen Centre**  
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## #CROSSWORD

## NEW YORK TIMES Edited by Will Shortz

## ACROSS

- 1 As high as you can get  
5 With 68 Across, what the groups of related letters are fictional examples of  
10 Instrument similar to a cor anglais  
16 Use a "hey-o" motto  
18 Italian's "long year"  
19 Food of high interest  
20 For the black flag, though few called it the word  
25 French's flag  
21 Neoclassical art  
22 Usually dry address  
23 You mowder of home type  
26 October at night  
32 Hershey's Center is a city founded by a city through  
36 Actor who of "Dallas"  
37 Turkish adjectives  
38 Area with flying colors  
39 Common expression  
41 Here's a tip  
42 1/2 gallon of 160 proof  
44 Involuntary sweating  
45 Heiden's  
46 Think of someone  
47 Leafy vegetable  
48 Use readily in the game Clue  
51 Statue is a  
52 Name of a French town  
53 Two newswatch  
54 Gender like or William's history  
64 "I said"  
65 French verb  
67 Used often  
68 Used often  
69 Used often  
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99 Used often  
100 Used often

## DOWN

- 1 Given's capital  
2 Direct, as in meeting  
3 One of the baby  
4 Perfect example  
5 All of the same  
6 As public with  
7 Name of a French town  
8 French verb  
9 "I said"  
10 French verb  
11 Used often  
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ACROSS for the crossword

DOWN for the crossword

## #JANRIC CLASSIC SUDOKU

## Levitt's choice

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Beginner (easiest) to Solver to Gold (hardest).

	2	4					1	
9		3		1		2		4
1				2	9		5	
	3	6		4		1		
	1		5		7		9	
		5		6		4	3	
	4		1	9				2
2		9		8		3		1
	8					9	4	

Solution to the crossword puzzle and the Sudoku can be found on Page 23

## Alzheimer Society

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Are you affected by Alzheimer's disease or a related dementia?

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Wednesdays, October 7, 14, 21 &amp; 28

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for family and friends of people with dementia

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## Regina

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# IN THE CITY

# SEPTEMBER 20, 2015 — 10:05 A.M.

## Ready to run



Cover Cartwright stands with his team at the Terry Fox Run, which begins at the PC Douglas Building in Regina on Sunday. (AP Photo/Erin Schaff, AP/L)

# SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight email [qc@leaderpost.com](mailto:qc@leaderpost.com)

## # REGINA'S BEST SPACES

### Veggies thrive in permaculture garden

By Ashley Martin

**WHO?** Sharon Fulton, his wife Kamsha Kimbel and their two children

**WHAT/WHERE?** The garden of their Cathedral area home.

**WHEN?** When the family moved nine years ago, the yard was just lawn plus some raspberries and redies. Four years ago Fulton started a garden and discovered permaculture.

**WHY?** "I like gardening, I like the outdoors. I'm a very frugal person," Fulton explained. "I need somewhere nice that you could save close to \$5- or \$4,000 a year if you have a really productive garden."

Plus, his own garden would insure fresh organic food for his family and save on plastic packaging from the grocery store.

"It's a really small size in terms of help save the world" said Fulton — which is the same reason he started keeping bees this year. "I'm constantly thinking about how I can improve through little tiny steps, thinking globally acting locally."

**HOW?** From the palette, compost to the shelf and window boxes to the bee-keeping wood storage, everything in the garden has been salvaged. That practical reuse extends to the plants, too. Everything was in concert with everything else.

When Fulton started with his second birds on the lawn, rabbits would harvest the beans. So he replaced the areas with his preferred clover so when they droppings fertilized the earth.

"Every plant has more than one purpose and I try to have problems with your garden often those problems can be seen as the solution," said Fulton. "In-

stead of trying to fight a pest or whatever, it's more about adding something to help balance the system out."

Every plant is grown with a companion. Chives at the base of apple, cherry, plum and pear trees help keep nasty fruit-eating pests off. Rabbit tunnels are water to the tree roots and shields the soil from evaporation.

Beans, peas and squash thrive as they climb up the stalks of sunflowers and fruit trees.

Fulton grows flowers among the lettuce, Swiss chard, kale and tomatoes because aphids prefer to hop onto the produce.

He built swales into the front yard to prevent run-off. Underneath is all sorts of chicken wood and tree stumps, which break down over time to absorb water and feed the roots.

"It's a really complex and dense and mimicking all the different things you can add to this system to make it regenerate, local, retain groundwater, produce food in luxurious abundance."

Fulton never pulls weeds. He'll show them some work and leave them where they fall. He instant compost. Deck roots help pull nutrients from the earth and keep the soil loose.

Fulton wanted to create a space his family would spend time in. His son and daughter spend "hours and hours" swinging from the Linden tree in the front yard and snacking on parsley from the "beehive herb garden."

He also hopes frogs and ducks will one day enjoy the backyard pond.

"That last I mentioned yet but, with this whole permaculture idea, they say eventually it's going to happen," said Fulton. "Because you've created an environment where they fit in. Hey this is great, let's stay here."

[www.bighivedesign.com](http://www.bighivedesign.com)

Photo credit: Kamsha

QC PHOTO BY TROY FLAHERTY



# ON THE SCENE

## # GLOBE THEATRE'S ALL SHOOK UP

Things are getting All Shook Up at Reginald Globe Theatre—in all the right places. And theatre patrons are embracing the musical with a hunk a hunk of burning love. In fact, the production, which opened Sept. 17, has already had its original three-week run extended by one week. Loosely based on William Shakespeare's Twelfth Night, All Shook Up is set in 1950s St. John's. Chock-a-brook with rousing, raucous local tunes, the production is a Midwestern town that has banned music, and dancing. Lead a small speck many of the townspeople to chase their romantic dreams. All Shook Up combines positively funny humour and remarkable music, creating a wonderfully entertaining piece of musical theatre.

QC PHOTOS BY TROY FLEECE



1. Gail Bradley (Rev. Anderson) and Joanne Markman
2. Lynn Wagner and his wife Christine
3. Opening night of All Shook Up at the Globe Theatre
4. Crystal Gervais and her husband Clint
5. Sharon Bamforth and her husband Bob
6. Chris Reid and Joanne O'Donnell
7. Mitch Singleton, Rae Lang, Darlene Green and Allen Walker

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**Poutine**  
CAFE

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# FOOD

See a food trend you think deserves a highlight?  
Email [qc@leaderpost.com](mailto:qc@leaderpost.com) or visit QC on Facebook

# TOMATO SOUP AND CHOUTONS

## Grilled cheese sandwich cubes top soup

By Renee Kohlman

Over dinner a while back, the conversation turned to guilty pleasures, of the food variety I was sitting with other food writers, so it was a little tricky — do I tell them the truth? Do I tell them what has, on occasion, brought me great joy and comfort? Do I spill the beans about my head-on for... Cheese? What?

I did and no one shunned me for the rest of the night, so everyone else lived something vastly smaller. But it's true. A part of the cheese staff has been known to find its way into my fridge every couple of years. But before you hear all respect for me, be assured that the only way I eat it is as hot, heavily buttered toast, as a bedtime snack while I'm in my pajamas and sipping and something tasty is on the table.

There is something about this cheesy toast

that makes me happy — it was a favourite when I was a kid and my mom would even pack it in my lunchbox back then, where it was devoured in the noisy lunchroom at noon. Maybe I like that it takes me back to simpler days, when my glasses were big and I had a crush on Scott Blue, when I would rush home from school and watch Little House on the Prairie, then afterwards join my siblings around the dinner table, where we'd dish the details of our day and my mom would dish out hot, delicious food. Those days are so long ago, but somehow a little processed cheese takes me back there.

The best partner ever for cheesy toast is tomato soup and as the temperatures have been sliding, I would say it's officially soup weather. I put the list of my San Marzano on point, with chunks of garlic and onion, sprigs of thyme, coarse salt, pepper and gave it a heavy-handed drizzle with olive oil. The connection made

ed away for 40 minutes or so, and my house smelted glorious.

When your soup and a little shaved, the tomatoes were scooped into a pot and simmered with a bit of butter and broth. Use an immersion blender to puree soup until smooth when you can strain over the solids and strain through a fine mesh sieve or just eat it as is — it's fine, right? Finely shred some Swiss chard, stir in a little cream and adjust the seasonings.

The finishing touch requires a grilled cheese sandwich. You know how to do that, right? Don't worry, I didn't use Cheese Whiz that I won't judge if you did. Instead, I opted for a lovely one-bowl cheddar on sandwiches. Slice the sandwich into little cubes and place on top of the steaming bowl of goodness. This soup is unequivocally comfort food. It's coming tonight with tomato basil soup and ultimately a great way to usher in fall.



Roasted tomato soup and a grilled cheese sandwich are the perfect companions to the cool weather. PHOTOS BY RENEE KOHLMAN

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# FOOD

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## Roasted Tomato Soup with Grilled Cheese Croutons

I used Rio Matamoros tomatoes, just because that's what I had on hand. Feel free to substitute Roma tomatoes. The whipping cream is optional; if just adds another layer of lusciousness. Make whatever grilled cheese croutons you like — bris, Haverts, Gorda — the choice is on you.

- > 12 cups of fresh Roma tomatoes, cut in half
- > 1 medium onion, cut into quarters
- > 4 large discs of garlic, smashed
- > coarse salt, pepper
- > sprigs of fresh thyme or rosemary
- > 4 tbsp extra virgin olive oil
- > 2 tbsp butter
- > 1 cup of chicken or vegetable broth
- > 1 tbsp honey
- > beautiful fresh basil
- > freshly shredded salt and pepper to taste
- > 1/2 cup whipping cream
- > grilled cheese sandwiches, sliced — your

favorite cheese and bread and some butter. Use large sandwiches if enough for croutons or 23 bowls of soup depending on how many croutons you want.

### Instructions

Line 3 baking sheets with parchment. Spread the tomatoes onto the sheets and add onion and garlic to both. Sprinkle with salt, pepper. Toss thyme or rosemary. Drizzle with olive oil and place in preheated 400 F oven. Roast for about 40 minutes, stirring a few times. Slide the tomatoes into your favourite soup pot. Add the butter and stock, bring to a boil, reduce heat and simmer for 15 minutes. Stir in honey. Use an immersion blender or regular blender to puree — be care! It's hot liquid! Strain the soup through a fine mesh sieve into another pot to get rid of the skins and seeds, if that's how you are. Add the fresh basil and cream, adjust the salt and pepper. Keep soup on low, to warm through. Make the grilled cheese sandwiches, cut into cubes and garnish the soup. Serve 4-6.



Grilled cheese sandwiches cut into cubes solve re-crafters for soup. PHOTO BY KIMBERLY HAN

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# GARDENING

# GARDENING IN SASKATCHEWAN

## Now the time to plant Alliums

By Allan Daku

You need a vivid imagination to perceive the lovely ones (Allium spp.) the obvious garlic (A. sativum) or even common chives (A. schoenoprasum) as particularly ornamental, yet with more than 600 species scattered around the world, the genus Allium provides dozens of plants which are not only extremely ornamental, but have grown hardy on the Canadian Prairies. The time to plant is now.

There is no mistaking that these plants are members of the onion family. Bear a leaf and the characteristic smell is there. But the big side is that the flowers of many of these species are indeed quite nice. And if you could ask any botanist, it would tell you that Allium scents are irresistible.

One common characteristic that many of these ornamental onions share is the development of bulbs as a storage organ for food and water. Typically they produce a rosette of leaves early in the growing season, followed by flowering stems. Once flowers begin to open, the leaves dry and fall off and by mid-July only flower stalks and seed heads remain. This growth habit evolved as desert species to take advantage of early spring moisture escaping heat and drought through dormancy by late summer. Bulbous alliums are often overplanted with low annuals or perennial groundcovers. Rhizomatous ornamental onions, such as chives, maintain green foliage throughout the summer.

Their care is understanding good drainage and full sun. They thrive

with a minimum of moisture. Some of these ornamental onions are both potentionally and prolific. Good-looking (remember the flower heads before they go to seed) is critical to prevent their sometimes rampant spread.

Many lack common names but are available through garden centres and mail order catalogues by their Latin or botanical names. It might sound like a mouthful at first, but taking note of these will get you what you want.

**Border alliums for the rock gardens or front of the border:**

Two yellow-flowered species (20-45 cm tall) are A. only — a rich yellow with upfiring flowers — and A. flavum — a pale yellow with an airy more starburst appearance. These are a selection of A. only products.

or flower umbels twice the size of the species. A strain of A. flavum called 'Freesia' is a mix of rose, yellow, white and purplish-pink. Within the same height range is A. cristatum (i.e. A. cristatum) a lovely apple-blossom pink with upfiring flowers. A common native to North America, is a similar shade of pink but with nothing finer heads. Put A. cristatum in a conspicuous spot. Low with large 12 cm flower heads it has two or three very wide ornamental leaves that hug the ground in a couple of tight spirals. While the flowers of this species are typically a very pale pink, those of 'Jenny Green' are a creamy white.

**Mid-border Alliums:**

A. mercuriale (also listed as A. mercuriale) is somewhat taller with intense true blue flowers, a colour quite uncommon among the alliums. A. sphaerocephalum is used for its

tight head of red-purple flowers in mid-summer. The flower heads dry well, retaining their true colour. This species also prefers abundant summer moisture, unlike many of its relatives that much prefer a summer dry down. A. affinis and its variety 'Purple Sensation' are a little taller (30-35 cm) and bloom a little later in late June or July with large (8-10 cm) rose-purple flower heads.

*Other Allium to consider: Allium sphaerocephalum*

*David Smith was writer*

This column is provided courtesy of the Saskatchewan Perennial Society (SPS) ([www.saskperennialsociety.ca](http://www.saskperennialsociety.ca)). [Alliums@joshua.ca](mailto:Alliums@joshua.ca). Check out our Bulletin Board or Calendar for upcoming garden information sessions, workshops and shows. Full City Life. The Mail at Laramie Heights (Saskatoon) Oct. 2.

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## EVENTS

What you need to know to plan your week.  
Send events and photos to [QC@leaderpost.com](mailto:QC@leaderpost.com)

## # MUSIC

Wednesday, Sept. 23

**Weekend Night Punk Choir**  
Kickin' The Bushwacker, 2206 Dewdney

**The Alley Owls**  
Lunenburg, 2330 Albert St.

**lytheheart, Skyline, Augustin, Perpetua**  
The Exchange, 2431 8th Ave.

**Jeffery Stricker and guests**  
Camp Profit Fundraiser  
7:00 p.m. Westminster United Church, 3025 13th Ave.

**Scott Richmond with Liane Meach**  
Artful Dodger, 1631 7th Ave.

**Dr. Stephen Varian, Cud Eastboard, Johnny D. Pizzaro and the Genometrics**  
The Club at The Exchange, 2431 8th Ave.

Thursday, Sept. 24

**Live music:**  
Fat Catz, 1632 South St.

**Country Gospel Sing & Long Road Band, Cane Collide, Mostly Worried**  
Glen Valley, 1227 St. John St.

**Kanaka**  
8 p.m.-2 a.m. The Spa, 306 Albert St.

**Dr. Marianne with Fuka Sharkey**  
McNelly's, 2226 Dewdney Ave.

**Close Family, Yes We Mystic: The Owl, 1101 Broadway Centre**

**Chief Vandusen, The Beach Barley, Hatch House**  
The Exchange, 2431 8th Ave.

**The Hyline**  
Casino Regina Show Lounge  
1630 Saskatchewan Dr.

**Live on 10th with Lucie Mivie**  
Artful Dodger, 1631 7th Ave.

Friday, Sept. 25

**Live music:**  
4:30 p.m. Monarch Lounge,  
Hotel Saskatchewan, 2125 Victoria Ave.

**Weekly Drum Circle**  
Instruments provided  
7:30-9 p.m., The Living Spirit



Dado Piane and Dado Bogdan are playing Sunday at the Artisan. *Photo: Chris Chisholm/Info*

**Catkin, 302 St. Dash Dr. Call Mike, 306-330-3997**

**Kanaka**  
6 p.m.-2 a.m. The Spa, 306 Albert St.

**Genie Silver Band, All Men About Town, Cane Collide, Mostly Worried**  
Glen Valley, 1227 St. John St.

**Hovvex**  
Artful Dodger, 1631 7th Ave.

**Reverent, Connors, Carpen, Archetype, Black Heat**  
The Exchange, 2431 8th Ave.

**UB40**  
Casino Regina Show Lounge  
1630 Saskatchewan Dr.

**Tyler Gilbert, Daniel Desjardins**  
The Lonerestor, 4329 Gordon Rd.

**Abey 14**  
McNelly's, 2226 Dewdney Ave.

**Friends of Foes, Blue Deer Ben**  
O'Hanlon's, 1947 South St.

Saturday, Sept. 26

**Borley Moore**  
Fundraiser for Saint Culture Ritz, 5:35-8 a.m. Lemon Drop Salon, 1854 Avenue A.

**Open & acoustic: June**  
3-5 p.m. Broadway's Lounge, 1307 Broadway Ave.

**Live music jam**  
All types of music welcome  
Hosted by Ernest Kinsling  
4-6 p.m. The Spa, 306 Albert St.

**Kanaka**  
6 p.m.-2 a.m. The Spa, 306 Albert St.

**Chubby Checker and the Whitey with Roberts Nichol**  
Casino Regina Show Lounge  
1630 Saskatchewan Dr.

**The Aaron Burnett Quartet**  
The Capitol, 1643 Hamilton St.

**Tyler Gilbert, Daniel Desjardins**  
The Lonerestor, 4329 Gordon Rd.

**Isaac O'Neil, 2226 Dewdney Ave.**

**A Baroque Occasion**  
Regina Symphony Orchestra  
6 p.m. Government House, 4607 Dewdney Ave.

**Versions, The Faye**  
The Club at The Exchange, 2431 8th Ave.

**Sunday, Sept. 27**

**A Baroque Occasion**  
Regina Symphony Orchestra  
2 p.m. Government House, 4607 Dewdney Ave.

**Tyler Gilbert, Mike McNeil**  
Artful Dodger, 1631 7th Ave.

## # CULTURE DAYS

Friday, Sept. 25

**Open Awarood Memorial Trail Raising Competition**  
10 a.m.-4 p.m. Dr. Lloyd Barber Academic Green—University of Regina

**Neither Heroes Nor Ordinary People**  
Theatre performance (40 minutes) and discussion.  
10 a.m. The Artisan, 2627 13th Ave.

**Black Feast**  
Honour the memories of the ancestors and bring back the culture of indigenous people.  
Featuring singing, drumming, traditional dances, a sound-dance and children's activities.  
11 a.m.-5 p.m. 2725 5th Ave.

**Regina Culture Days Launch and Ring Raising Ceremony**  
12:30 a.m.-5 p.m. City Hall, 2478 Waterloo Ave.

**CANAC BAKK Openhouse/Exhibition & Reception**  
Nashin 8 p.m.  
1734 Dewdney Ave.

**Neither Heroes Nor Ordinary People**  
Theatre performance (40 minutes) and discussion.  
11 a.m. The Artisan, 2627 13th Ave.

**Chic-o-Sept: School Edition**  
Afternoon social hosted by Queen City Hub. An informal gathering and potluck with discussion about how we can bridge diverse cultures in our city.

**5-7 p.m. Creative City Centre, 1643 Hamilton St.**

**Indigenous Slave Mother**  
Learn hands-on top motion techniques from First Nations and Métis media artists and contribute to the creation of a community top motion story.

**3-5 p.m. Saskatchewan, 2750 Albert St.**

**8th Party Dancin'**  
4:30-8 p.m. 1622 St. Donald St.

**Darknet Hilar**

**Chop in audio and video jam.**  
7:10 p.m. 2nd Floor, 1856 South St.

**Threat Youth Slam**  
Youth spoken word poetry slam. Featuring Fresh Thru the Arts 12-32 perform all ages welcome in audience. Screening digital stories created by their teams. Email: [threatyouthslam@gmail.com](mailto:threatyouthslam@gmail.com)

**7:30-10:30 p.m. Creative City Centre, 1643 Hamilton St.**

**Saturday, Sept. 26**

**Self-Styled Public Art Walk**  
Read about some of Regina's most prominent artists and art pieces in the downtown area.  
10 a.m.-4 p.m. Pick up the guide at 1622 South St.

**Open Open**  
An international movement that seeks to grant public access to heritage buildings and other sites of interest.  
10 a.m.-4 p.m. 1622 South St.

**Self-Styled Historic Toronto Walking Tour**

The 1912 Toronto census \$2 million worth of property damage claimed 23 lives, lost hundreds injured, and resulted in many Regians becoming homeless.  
10 a.m.-4 p.m. 1622 South St.

**Itty Made in Canada**  
Handmade and vintage toy show owners selling their work in person. Sponsored by Artistic Ink & Paper.

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## EVENTS

## Art Walk

Visit 11 of Banff's art galleries. ArtWalk maps available at participating galleries and at Facebook.com/ArtWalkBanff.

**Art Gallery of Banff**, 3420 Elphinstone St.  
**Asphodel Gallery**, 2356 Smith St.  
**Dunlop Art Gallery**, 2356 Smith St.  
**Hazen Gallery**, Creative City Centre, 1643 Hamilton St.  
**Indochine Art Gallery**, 3475 Albert St.  
**Mika Gallery**, 100-2300 Broad St.  
**Newman Gallery**, 2145 Albert St.  
**Salvatore Artist Collective**, 2050 Albert St.  
**Solo Fine Art Gallery**, 2029 Halifax St.  
**Spryng World Gallery**, Telusco, 2026 Albert St.  
**Westmont Hand Craft Gallery**, 3718 DSA Ave.  
 11 a.m.-5 p.m.

## Joe Fehrd artist talk

11 a.m. Solo Fine Art Gallery, 2029 Halifax St.

## Patchin' mending circle

Wash those thingy mender? Patchin' mending circle and mending supplies. All welcome. Bring your own. 10 a.m. to 12 p.m. at the front of the building.

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The Greenology & Artwork Tipi Young Competition is happening today as part of Culture Day. go to the photo on this page.

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## Joe Fehrd artist talk

11 a.m. Solo Fine Art Gallery, 2029 Halifax St.

## Patchin' mending circle

Wash those thingy mender? Patchin' mending circle and mending supplies. All welcome. Bring your own. 10 a.m. to 12 p.m. at the front of the building.

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portraits of some of Huxley's longtime models in the way they wish to be portrayed, rather than in the roles they usually play as actors in staged tableaux.

**Opening reception**, Sept. 23, 7-9 p.m.  
**Artist talk**, Sept. 23, 7:30 p.m.  
**Unl Oct. 11**, Art Gallery of Banff, 1643 Hamilton St.  
**Artists**, 2420 Elphinstone St.

## Yoni Fickel's Solistic

**New work** that explores repression and the unconscious.  
**Sept. 24-Oct. 16**, Creative City Centre, 1643 Hamilton St.

## Artisan Group Show

**Opening reception**, Sept. 25, 5:30-7:30 p.m.  
**Artists**, 2420 Elphinstone St.

## Headland Art and

**meeting**  
 Meets every second Monday. For more information, contact Sheila Davis at (416) 461-1111.

## Sept. 24, 7-9 p.m.

**Artists**, 2420 Elphinstone St.

## Margaret and Gerald Jenko

**Artists**, 2420 Elphinstone St.  
**Artists**, 2420 Elphinstone St.

## Furniture to Pottery

**Artists**, 2420 Elphinstone St.  
**Artists**, 2420 Elphinstone St.

## Mark Gerson: On the

**Artists**, 2420 Elphinstone St.  
**Artists**, 2420 Elphinstone St.

## Zane Wilcox: Stripes

**Artists**, 2420 Elphinstone St.  
**Artists**, 2420 Elphinstone St.

## Summer in Contemporary

**Artists**, 2420 Elphinstone St.  
**Artists**, 2420 Elphinstone St.

## Dagmar Davis: Breaking the

**Artists**, 2420 Elphinstone St.  
**Artists**, 2420 Elphinstone St.

## Carla Henley: Keeping the

**Artists**, 2420 Elphinstone St.  
**Artists**, 2420 Elphinstone St.

## Fiction Addition 2

**Artists**, 2420 Elphinstone St.  
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## EVENTS

What you need to know to plan your week.  
Send events and photos to [QC@leaderpost.com](mailto:QC@leaderpost.com)

## Balls roll

Lilybolls and arena roll will roll back to South Saskatchewan Uly Society & Theatre Society.  
Sept. 26, 9 a.m. - 5 p.m.  
Victoria Square Mall

**Teddy Bears Awareness 19th Annual Walkathon**  
Beck, 26.7 a.m. - 1 p.m.  
Westhill Park, #125 Sherwood Dr.

**Zombie Walk**  
Dress in a zombie and/or a zombie costume for the Regina Road Walk.  
Sept. 26, 3:30 p.m.  
Starts at Victoria Park.

**Light the Night Reggae Walk for the Locals and Lymphoma Society of Canada**  
[www.lightsthebig74.ca](http://www.lightsthebig74.ca)  
Sept. 26, 5 p.m.  
Legislative Building

**India Summer Night Fundraiser for Mother Teresa Middle School**  
For tickets (\$10), call Anna at 306-335-

0219 or David at 306-336-3323.  
Sept. 26, 5:30 p.m.  
Concours Arts Centre

**Yoga Male 10 year anniversary party**  
Live music, food tastings and more.  
Sept. 26, 6-10 p.m.  
4300-70203 18th Ave

**Stash Night**  
For tickets (\$36) call 306-563-6118

Sept. 26, 6:30 a.m.  
New Hope Lutheran Church, 375 Montrose St. N.

**Madison Night**  
Casualty dining, no cutting. For tickets (\$30) call 306-532-1192.  
Sept. 26, 7 p.m.  
Hampden Club, 9055 Meade St.

**Tai Chi in the Park**  
Sept. 27, 10 a.m.  
Victoria Park

**Walk for Muscular Dystrophy**  
Sept. 27, 8 a.m.  
Rick Hansen Park, McCamby

Blvd. and 43rd Ave

**Bridge Insieme**  
Learn to play bridge or improve your game. Call 306-565-7044.  
For more information, Mondays, 6:30 p.m., 3000 Albert St.

**ADKs Luther Lecture**  
Dr. Pamela Ostry Young speaks on "Sex, Religion and Canadian Youth: Identifying Under Construction." Free admission.  
Sept. 28, 7:30-10 p.m.  
Hes Schneider Auditorium, Luther College, University of Regina

**What for seniors**  
For more information call Mary 306-789-5662 or Rob 306-789-3381.  
Tuesday, 9:30 a.m.  
East sanctuary Living Spirit Centre, 3088 Osan Dr.

**Magna Carta and the Making of the Modern World**  
Dr. Carolyn Harris will discuss how the 800-year-old Magna Carta document remains relevant to — and indeed has

helped shape — our world into the 21st century.  
Sept. 28, 7 p.m.  
Dr. John Arthur Library room 102

**Cherryday Challenge**  
Drop in pricing of award wine enthusiasts.  
Tuesday, 6 p.m., midnight  
Hudson Place, 340 Albert St. N.

## FILM

**Stonage and Favelas: Architecture on Fogo Island**  
Documentary  
Architect Todd Saunders, sculptor-like artist Charles, painted on the rocky soil, ancient ruins of Fogo Island create a buzz among worldwide architecture fans when the first images were released.  
Thursday, 7 a.m.

**Bikes vs. Cars**  
Documentary  
The bicycle, an amazing tool for change. Activists and cities all over the world are moving toward a new system. But will the economics powers allow?

## Friday Family

**The New South (Premiere)**  
A young woman makes a surprising discovery about the husband of her late best friend.  
Thursday, Sunday

**Regina Public Library Theatre**  
2341 12th Ave., 306-777-6954

## NEW MOVIES

**The Green Inferno (Horror)**  
Hulu freshman Justin (Lorenza Lico) joins a group of campus activists on a trip to the Amazon jungle to try to halt illegal clear-cutting that endangers an isolated tribe. They seemingly succeed in their mission, but when their plane crashes in the jungle, they're outwitted by the tribe they were trying to protect, who turn out to be cannibals.

**Hotel Transylvania 2**  
Family Animated  
Dracula (Adam Sandler), worried that his adorable human/wampire grandson Dennis isn't showing signs of being a

wampire, enlists his friends to pull Dennis through a "transformation" "boot camp." Book your. With the voices of Adam Sandler, Mel Brooks, Andy Samberg, Selma Gomez and more.

**The Interns (Comedy)**  
Julie Delpy (Anne Hathaway) is the founder of a boutique online fashion business. As part of a community outreach program, she hires 70-year-old widower Ken Whittaker (Robert De Niro) to be her new intern.

**Galaxy Cinema**  
420 McCarty Hill N.  
306-527-9550

**Greystone Theatre**  
Southland Mall Cinema  
3025 Dundas St. W., 306-565-3363

**Auditorium Cinema**  
4400 Mile Shopping Centre  
2800 Albert St., 306-388-0280

Each listing is a free community service offered by QC. Listings are not endorsed or guaranteed. Please visit [leaderpost.com](http://leaderpost.com) for more information.

## Yoga Mala Open House!



## Celebrating 10 years!

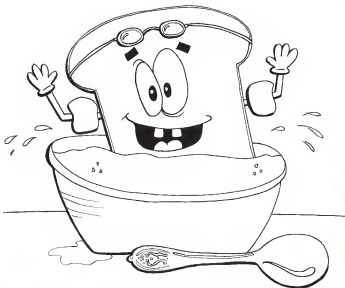
Saturday, Sept 26th | 9am - 1pm  
2 FREE beginner classes | 10:00am & 11:30am  
(new students only)  
**Glow juice tasting**  
1 DAY SALE

Save 20% on prepaid memberships & retail  
**\$28 Intro Month**—online purchase  
Anniversary Party to follow  
Purchase tickets online or in studio



400-2020 11th Ave | 306-352-9642  
[www.yogamala.com](http://www.yogamala.com)

# OUTSIDE THE LINES

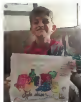


## # Colouring contest

Each week artist Stephanie Molloy creates a family illustration meant to please lots of all ages.

Children can colour the page, have a picture taken with the finished product and email it to [leadpost.com](mailto:leadpost.com). One winner will be chosen each week.

Please send **high-resolution** pictures and include the child's name and contact information.



Last week's QC colouring contest winner was **Nicholas Schmetzer**. Congratulations! Thanks to all for our colourful submissions. Try again this week!

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*Combo*

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# WINE WORLD

## # WINE WORLD

### Reasons why pinot grigio classified as a white

By James Romanow

If you spend much time around wine, wine snobs and wine makers, sooner or later you may take a curious look — what is classified as a white wine. At first, this seems somewhat trivial. It comes out to be called a red about a century ago.

Once you spend enough time sharpening down while you begin to understand why. More than a few white wines have a hint of pink to them in the right light. The reason is that making white wine is slightly more complex process than making red. The grapes are pressed not particularly hard and then before there can be any colour "contamination" the juice is taken away to be fermented.

Occasionally a white is made with what is called a cold soak, which is to say the juice is allowed some contact with the skin. The intention is to add stress for some of the compounds that make up the flavour and aroma of the wine to be extracted, making for a more complex wine.

Although good grigio has been verified as a white wine since the 1980s it is actually a greyish red grape. The Alamos has always treated the wine as a sort of lighter version of pinot noir which is why their version as a solid pinot grigio rather than grigio.

If you make your way out west to Kettle



Creek Vineyards you can find such a wine. Alternatively you can get it from Co-op or Wal-Mart. They sold some that put you for a day and the result is a baggy complex wine that should be served much warmer than most pinot grigio.

Kettle Creek Pinot Grigio 2008  
 Best week at Cellars.com to get in love with, right here, since lower prices, since lower price not. More on twitter jubilee.

## Crossword/Sudoku answers

ACME	WATER	BOOE
CHOP	TIAMO	VAIN
CALIFORNIA	GIAGIRLS	
RIATA	STREP	
ARROYOS	NEAREN	
METECOR	ARENA	
HOME	OWRI	GAMSS
ACE	THIMBLE	DEA
JUDAH	TABU	MOLL
LOOSE	ENIGMA	
VICTIM	WREATH	
ORONO	PHINO	
FOUR	STANAW	MINAL
ANTI	INAW	SACL
REZA	FALLS	FMTS

5	2	4	3	7	6	8	1	9
9	7	3	8	1	5	2	6	4
1	6	8	4	2	9	7	5	3
7	3	6	9	4	8	1	2	5
4	1	2	5	3	7	6	9	8
8	9	5	2	6	1	4	3	7
6	4	7	1	9	3	5	8	2
2	5	9	6	8	4	3	7	1
3	8	1	7	5	2	9	4	6

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 6 Styles Available  
 SERTA® Lunarla  
 This Right to Sleep® Sleep Set has Serta® Pillow Soft Foam, Serta® Support Foam, Serta® Cool Sleep® Gel Memory Foam, Serta® Cool Sleep® Gel Memory Foam, Serta® Cool Sleep® Gel Memory Foam, and Serta® Cool Sleep® Gel Memory Foam.

<b>Twin-Size</b> \$329 <sup>99</sup> <small>at \$99 each</small>	<b>Double-Size</b> \$379 <sup>99</sup> <small>at \$99 each</small>	<b>Queen-Size</b> \$399 <sup>99</sup> <small>at \$99 each</small>	<b>King-Size</b> \$699 <sup>99</sup> <small>at \$99 each</small>
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**SERTA® Sachet**  
 This Serta® Sleep Set has Serta® Pillow Soft Foam, Serta® Support Foam, Serta® Cool Sleep® Gel Memory Foam, and Serta® Cool Sleep® Gel Memory Foam.

<b>Twin-Size</b> \$399 <sup>99</sup> <small>at \$99 each</small>	<b>Double-Size</b> \$469 <sup>99</sup> <small>at \$99 each</small>	<b>Queen-Size</b> \$499 <sup>99</sup> <small>at \$99 each</small>	<b>King-Size</b> \$799 <sup>99</sup> <small>at \$99 each</small>
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**SERTA® Ratiff**  
 This Serta® Sleep Set has Serta® Pillow Soft Foam, Serta® Support Foam, Serta® Cool Sleep® Gel Memory Foam, and Serta® Cool Sleep® Gel Memory Foam.

<b>Twin-Size</b> \$499 <sup>99</sup> <small>at \$99 each</small>	<b>Double-Size</b> \$549 <sup>99</sup> <small>at \$99 each</small>	<b>Queen-Size</b> \$599 <sup>99</sup> <small>at \$99 each</small>	<b>King-Size</b> \$899 <sup>99</sup> <small>at \$99 each</small>
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**Clausen Perfect Sleeper**  
 This Right to Sleep® Sleep Set has Serta® Pillow Soft Foam, Serta® Support Foam, Serta® Cool Sleep® Gel Memory Foam, and Serta® Cool Sleep® Gel Memory Foam.

<b>Twin-Size</b> \$549 <sup>99</sup> <small>at \$99 each</small>	<b>Double-Size</b> \$599 <sup>99</sup> <small>at \$99 each</small>	<b>Queen-Size</b> \$649 <sup>99</sup> <small>at \$99 each</small>	<b>King-Size</b> \$949 <sup>99</sup> <small>at \$99 each</small>
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**Kolten Perfect Sleeper**  
 This Right to Sleep® Sleep Set has Serta® Pillow Soft Foam, Serta® Support Foam, Serta® Cool Sleep® Gel Memory Foam, and Serta® Cool Sleep® Gel Memory Foam.

<b>Twin-Size</b> \$599 <sup>99</sup> <small>at \$99 each</small>	<b>Double-Size</b> \$649 <sup>99</sup> <small>at \$99 each</small>	<b>Queen-Size</b> \$699 <sup>99</sup> <small>at \$99 each</small>	<b>King-Size</b> \$999 <sup>99</sup> <small>at \$99 each</small>
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**Ridgeport Perfect Sleeper**  
 This Serta® Sleep Set has Serta® Pillow Soft Foam, Serta® Support Foam, Serta® Cool Sleep® Gel Memory Foam, and Serta® Cool Sleep® Gel Memory Foam.

<b>Twin-Size</b> \$699 <sup>99</sup> <small>at \$99 each</small>	<b>Double-Size</b> \$749 <sup>99</sup> <small>at \$99 each</small>	<b>Queen-Size</b> \$799 <sup>99</sup> <small>at \$99 each</small>	<b>King-Size</b> \$1099 <sup>99</sup> <small>at \$99 each</small>
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ENGINE

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